

# change with ease

MANAGE CHANGE WELL AND BUILD STRONG, RESILIENT TEAMS



# A NOTE FROM OUR CEO

WELCOME. LET'S CHAT.

As leaders we feel the pressure to create work environments where human beings can thrive.

We are charged with optimising team performance, delivering change, and keeping it together. And we are doing all this while navigating organisational life that is increasingly complex, uncertain, and loaded with emotion and pressure.

As a psychologist with a PhD in organisational psychology, I have over 20 years' experience supporting organisations through change and challenge.

So what is my observation of the single biggest factor that separates those that succeed from those that don't?

The level of support leaders receive to make a difference.

Let's talk more about this. Let's share stories about leading change, trying new things, and building resilience in our teams. Let's learn and grow together.

Because we all deserve to thrive at work.

Dr Meg Hooper

**CEO** and Principal Consulting Psychologist

WANT TO CHAT?
WE'D LOVE TO HEAR FROM YOU

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Being a leader is tough.

You are leading in an uncertain world. You are dealing with constant change. Your team is exhausted.

And yet you have more change to deliver, a team that isn't reaching its full potential, and an organisation that keeps asking for more.

You need someone to turn to who gets it. Someone who understands how organisations and people tick and who can help you to navigate change with ease.

We can help.

At Carousel Consulting, we use our expertise in organisational psychology, behavioural science and change management to help leaders to manage change well and build stronger, more resilient teams.

"You have more change to deliver, a team that isn't reaching its full potential, and an organisation that keeps asking for more."

# SOUND FAMILIAR?

WHAT WE HEAR

WE NEED TO
IMPLEMENT THIS
CHANGE BUT THE
ORGANISATION IS
EXHAUSTED

MY TEAM FEELS
DISCONNECTED YET
WE'VE GOT SO MUCH
TO DELIVER



IT DOESN'T MATTER
HOW MANY
RESOURCES WE
ADD, OUR TEAM
STILL FEELS
OVERWHELMED

## HOW WE CAN HELP

OUR SERVICES

#### We apply our knowledge of human behaviour to your business problems.

Want to implement lasting change? Need to improve the performance of your team? Concerned about your employees' resilience and wellbeing? We've got you covered.





### REAL SOLUTIONS

CASE STUDIES



# CASE STUDY 1: REALISING THE BENEFITS OF A RESTRUCTURE THROUGH EFFECTIVE CHANGE MANAGEMENT

#### **PROBLEM**

Our client, a major statutory body, needed to implement a new organisational structure in order reduce inefficiencies, repair fragmented functions, and develop stronger connections across the business.

#### **SOLUTION**

We planned, designed and executed the organisational change management activities necessary to move to the new structure and worked with the newly-formed groups to estabish a shared sense of identity and embed the new structure.

#### **BENEFITS**

Change was managed and embedded with wide-spread support.

The most significant risks of the organisational restructure were avoided and the intended benefits were realised.

#### CASE STUDY 2:

STRENGTHENING A
LOCAL GOVERNMENT
TEAM THROUGH
LEADERSHIP SKILL
DEVELOPMENT



#### **PROBLEM**

Our client needed assistance to support a leadership team to optimise their performance, become more effective leaders and influencers, and build stronger and better relationships with each other and stakeholders.

#### **SOLUTION**

We initially conducted psychometric assessments, interviews and a stakeholder audit. These informed a series of workshops to build insight into individual work styles, team interactions and performance, and better ways to engage stakeholders.

#### **BENEFITS**

Improved team connection and cohesion.

Enhanced team performance and profile in the organisation.

Increased leadership and stakeholder engagement skills.



"I LOVE Meg! We need to have Meg in our business more -I'd forgotten how good she is and how much she understands us."

LEADER, QUEENSLAND GOVERNMENT STATUTORY BODY

# TRUSTED BY



















# EASIER OR MORE FORGIVING, WE GET STRONGER AND MORE RESILIENT.

STEVE MADAROLI